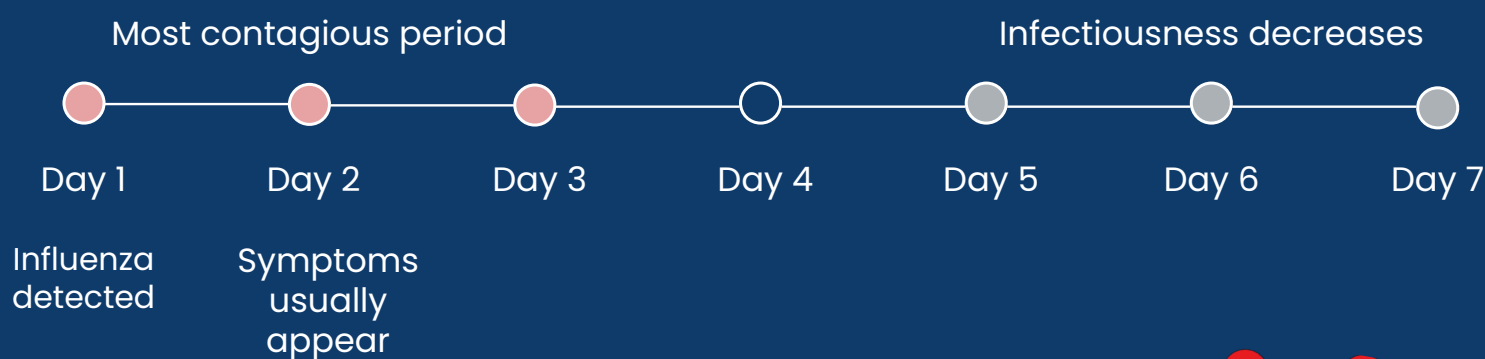


TYPES OF INFLUENZA VIRUSES

Type	Description
Influenza A	Classified into subtypes; infects both humans and animals and spreads rapidly. Causes symptoms such as dry cough, body aches, headaches, and sore throat, and is the only type known to cause pandemics.
Influenza B	Infects only humans, often more severe in children, with symptoms similar to Influenza A.
Influenza C	Usually causes mild infections.
Influenza D	Primarily affects cattle and is not known to infect people.

WHEN ARE PEOPLE INFECTED WITH FLU CONTAGIOUS?



CALL 999 OR GO TO A&E, IF:

- ✓ You get sudden chest pain
- ✓ You have severe difficulty breathing – you're gasping, choking or not able to get words out
- ✓ You start coughing up blood

